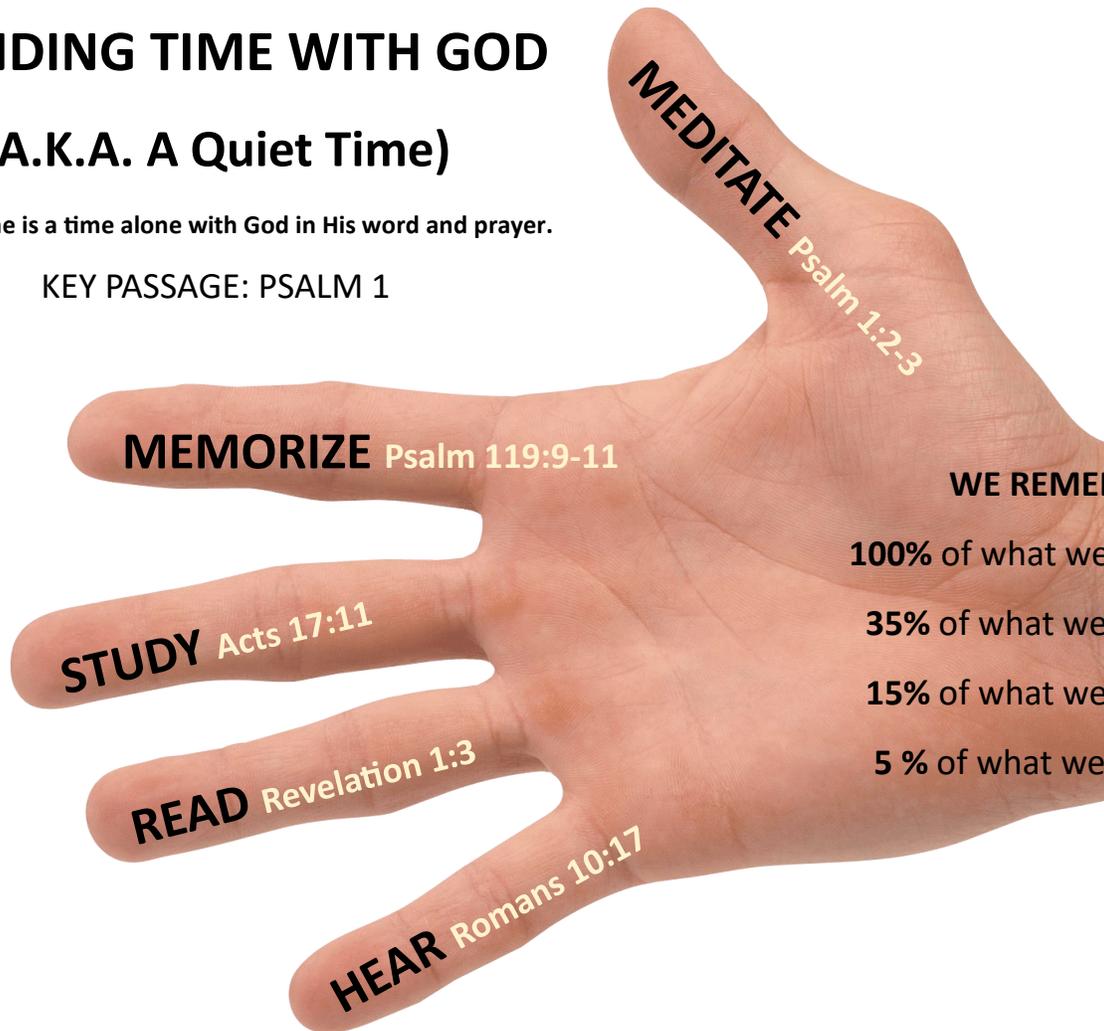


SPENDING TIME WITH GOD

(A.K.A. A Quiet Time)

A quiet time is a time alone with God in His word and prayer.

KEY PASSAGE: PSALM 1



WE REMEMBER:

- 100% of what we **MEMORIZE**
- 35% of what we **STUDY**
- 15% of what we **READ**
- 5 % of what we **HEAR**



Why should you spend time with God?

1. For growth and nourishment

Food and nourishment are important for healthy physical growth and it is also important for healthy spiritual growth. Consistently spending time in God's Word causes spiritual growth and health.

1 Peter 2:2, Psalm 119:103, Jeremiah 15:16, Hebrews 5:12-14

2. For knowing more about God (who He is, what He is like)

Psalm 16:11, Micah 6:8, John 15:4, 1 Corinthians 1:9

A Good way to think about spending time with God is with your hand: (See Illustration Above)

HEARING (*Romans 10:17*)

Hearing comes from listening to someone teach or preach the word. You can do this in person or through podcast or the Bible App. Hearing God's Word stimulates our own appetite for Scripture.

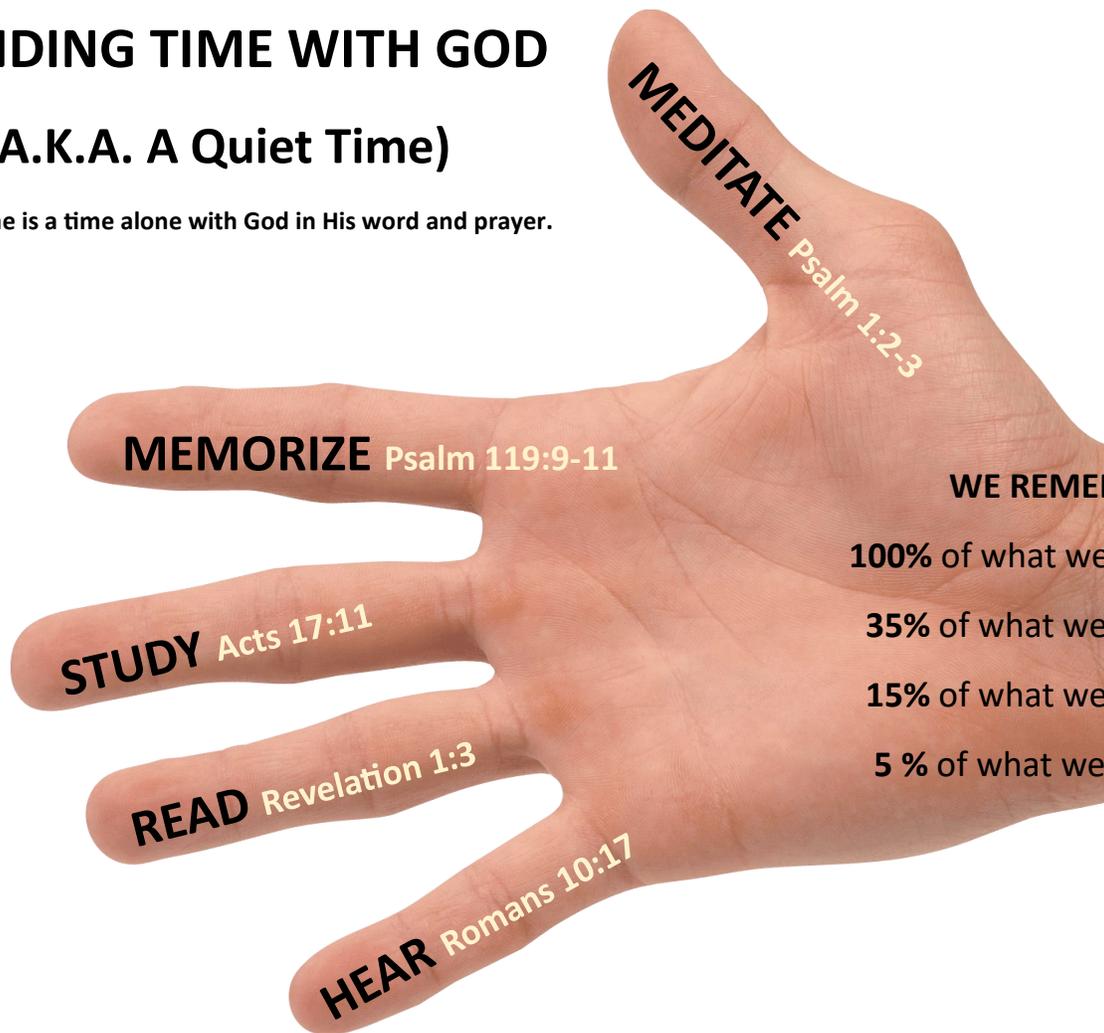
READING (*Revelation 1:3*)

Reading is foundational to a daily quiet time. Read a chapter a day. Don't hurry. Reading a chapter usually takes around 2 to 3 minutes. Use a Bible reading plan. As you read, think of the overall theme of the chapter or book. It will help you to become more familiar with People and events in the Bible. Reading is like flying over a city in an airplane or viewing some place from google earth satellite imagery.

SPENDING TIME WITH GOD

(A.K.A. A Quiet Time)

A quiet time is a time alone with God in His word and prayer.



WE REMEMBER:

100% of what we **MEMORIZE**
35% of what we **STUDY**
15% of what we **READ**
5 % of what we **HEAR**



STUDY (Acts 17:11)

Bible study allows you to dig deeper and deeper into what the Bible is saying. It will help you apply specific teaching and give you guides for your everyday life. It leads to secure belief and personal convictions about what the Bible has to say to us. Studying the Bible is like driving through a city: learning the street names and locating Target, Wells Fargo, Aventura Mall. The more you study the more you feel at home in the city.

MEMORIZE (Psalm 119:9-11)

Memorizing allows you to have God's word with you 24/7. When you memorize the Bible, you have it with you at all times and can use it to overcome temptation or to encourage others.

MEDITATE (Psalm 1:2-3)

Meditating on God's word is what takes the other four parts of studying the Bible and helps you to think of the meaning and application to your life. You do so by asking questions of the text.

Ask questions:

1. What does this passage teach me about God? about the church? about the world?
2. What does this passage teach me about myself? About my own desires and motives?
3. Does this passage require that I do something? If so, what should I do?
4. What do I need to confess and/or repent of?
5. What have I learned from this passage that will help me to focus on God and strive for His glory?